



Spa Packages

Extravagance 6-7hours \$469
Swim, Body Exfoliation & Wrap, Steam Shower, Hotstone Massage, Lunch, Botanical Facial, Eyelash Perm & Tint & Eyebrow Shape, Light Afternoon Refreshment, Express Manicure & Deluxe Pedicure

Decadence 5-6hours \$389
Swim, Body Exfoliation, Hydrosapa, Body Wrap with Scalp Massage, Steam Shower & Back Massage, Lunch, Hydrasource Facial & Deluxe Pedicure

Indulgence 5-6hours \$389
Swim, Dry Body Brush & Wrap with Scalp Massage, Steam Shower, Full Body Massage, Lunch, Oxygen Facial, Deluxe Manicure & Deluxe Pedicure

Rebalance 3-4hours \$299
Swim, Body Exfoliation & Wrap with Express Facial & Scalp Treatment, Steam Shower, Full Body Massage, Express Manicure & Express Pedicure

Serenity 3-4hours \$279
Swim, Hydrosapa, Full Body Massage, Hydrasource Facial & Deluxe Pedicure

Tactile 3-4hours \$259
Swim, Dry Body Brush & Wrap, Steam Shower, Back Massage, Botanical Facial & Deluxe Manicure

Harmony 2-3hours \$199
Swim, Body Exfoliation with Steam Shower, Hotstone Back Massage & Botanical Facial

Oasis 2hours \$139
Swim, Body Exfoliation, Hydrosapa & Back Massage

Chillout 1 1/2 hours \$99
Swim, Back Massage & Express Facial

Ladies Club \$49
Swim, your choice of mini treatment & morning tea at the Golden Point Café. Available Tuesday, Wednesday & Thursday 9am – 12noon

Ballarat's SANCTUARY DAY SPA

Opening hours

Monday & Tuesday 9am – 5pm
Wednesday, Thursday & Friday 9am – 6pm
Saturday 9am – 5pm

Prices effective from April 2011
(subject to change without notice)

We appreciate 24 hours notice if you need to cancel or reschedule your treatment. Failure to do so will result in the treatment being charged or voucher voided.

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Mercure Hotel

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Ballarat's SANCTUARY DAY SPA



Welcome to Ballarat's Sanctuary Day Spa

Nestled amongst the lush gardens of Ballarat's Mercure Hotel, we provide the ultimate in pampering & relaxation.

Waterlily Facial Therapy



An authentic Australian Spa Collection – Waterlily uses only the purest of natural botanical ingredients to nurture the skin whilst calming the mind.

Express Facial 30mins \$60
A quick pick-me-up to brighten, nourish & revitalize all skin types.

Hydrating Botanical Facial 60mins \$99
A deeply rejuvenating facial treatment designed to boost hydration and replenish the skin while improving tone and texture to promote a dewy youthful complexion.

Thalgo Facial Therapy



Immerse yourself in the marine based Thalgo range of skincare. Developed in France, Thalgo has become a worldwide recognised brand that delivers outstanding results with every facial.

Oxygen Facial 45mins \$99
Powerful anti oxidants & a three step purifying solution neutralises skin to protect against premature aging, revealing a clear, luminous complexion.

Hydrasource Facial 60mins \$125
Perfect for dehydrated skins, following cleansing & steam ritual a fresh enveloping mask bathes the skin leaving it softer, smoother & more supple.

High Performance Brightening Facial 75mins \$165
This anti-aging treatment is designed to restore clarity, pureness & tone to sun damaged, hormonal & scarred skin. Skin appears smoother & pigmentation fades resulting in a more youthful appearance.

Skin Perfecting Dermo Peel

initial peel with skin consultation 60mins \$149
follow up peel 45mins \$129
An intense & targeted exfoliation of the epidermal skin cells reducing the appearance of fine lines & wrinkles, resulting in an even & radiant complexion. For best results, a course of peels is recommended.

Body Therapy

Dry Body Brush with Moisturiser 25mins \$45

Moroccan Melt Sugar Smoother with Steam Shower 45mins \$75

Organic Honey & Cocoa Body Wrap with Orange Crème Scalp Treatment 60mins \$99
75mins \$129
A deliciously rich hydrating body cocoon of pure plant oils, organic honey, cocoa butter and vanilla bean to deeply nourish and soften the skin. Suitable during pregnancy.

Lemongrass Crème Body Wrap with Orange Crème Scalp Treatment 60mins \$99
75mins \$129
An uplifting and gently detoxifying body treatment infused with lemon rind and revitalizing lemongrass to combat congested skin, assist with fluid retention and improve the appearance of cellulite.

Hydrating Fruit Body Wrap with Orange Crème Scalp Treatment 60mins \$99
75mins \$129
A warm cocoon of refining pink clay together with peach, guava and raspberry extracts visibly brightens & regenerates the skin.

(All wraps include body exfoliation, scalp massage, steam shower & hydration treatment)

Waterlily Spa Ritual 90mins \$149
An indulgent exfoliation treatment using an essential oil infusion to increase circulation and leave skin soft and hydrated. Once your body has been scrubbed to perfection, relax and feel tension disappear with a relaxing scalp massage with treatment masque. Following a steam shower your treatment concludes with a back, neck & shoulder massage.

Massage Therapy

Back, Neck & Shoulder 30mins \$50

Full Body Massage 60mins \$80

Full Body Hotstone Massage 60mins \$99

Hydrotherapy

Hydrotherapy Pool \$10
Ladies only, swimwear required. Access to the pool is complimentary if you are having a treatment. Simply arrive 30mins prior to your scheduled appointment time.

Private Hydrotherapy Spa 20mins \$50
when added to a treatment 20mins \$25
Relax in your own private hydrotherapy spa with added aromatherapy oils.

Hand & Foot Therapy

Express Manicure 30mins \$39
File, cuticle work & polish

Deluxe Manicure 60mins \$55
Includes above plus exfoliation, paraffin hand treatment & massage

Express Pedicure 30mins \$49
File, cuticle work, foot buff & polish

Deluxe Pedicure 60mins \$75
Includes above plus foot spa, exfoliation, paraffin foot treatment & massage

Deluxe Manicure & Deluxe Pedicure 60mins \$99
2 therapists working simultaneously

French Polish additional \$10
Please request at time of booking

Waxing & Tinting

Full Leg \$40

¾ Leg \$30

½ Leg \$25

Underarm \$15

Standard Bikini \$18

Extended Bikini \$25

Full Bikini (Maintenance – within 8 weeks) \$35

Full Bikini (First time) \$45

Eyebrow Shape \$15

Lip, Chin or Sides \$10

Lash Perm \$40

Lash Tint \$20

Brow Tint \$10

Combine 3 or more waxing or tinting services & receive 10% off the total price

